

Monday to Saturday
Served 12pm - 2-30pm
5-30pm - 9pm

Sunday
12pm - 4pm



Instagram: [ship_inn_teignmouth](#)
Facebook: [The Ship Inn Teignmouth](#)
Phone: 01626 772674

BAR & RESTAURANT MENU

Nibbles

Toasted rustic breads (V) £5.95

With a selection of flavoured butters.

Mixed olives (Ve, GF) £4.95

Starters

Prawn cocktail (GF) £9.95

served on a bed of salad and marie rose sauce.

Camembert bites (V) £8.95

served with a salad garnish and cranberry sauce.

Southern fried chicken tenders £9.95

served with a salad garnish and ranch sauce.

Lightly dusted calamari (GF) £9.95

with roasted chilli, garlic & honey mayonnaise.

Smoked salmon (GF) £9.95

with a salad garnish, toasted ciabatta slices and a chive cream cheese dip.

Sharers

Seafood platter £26.95

Scampi, king prawns, calamari, smoked salmon, garlic & herb flat bread with garlic aioli, chilli & honey mayo & tartar sauce.

Combo platter £25.95

Southern fried chicken, camembert bites, mozzarella sticks, onion rings, garlic & herb flatbread with garlic aioli, sweet chilli and bbq sauces.

Baked camembert (V) £19.95

Rosemary & garlic camembert, toasted ciabatta & red onion chutney.



Main Courses

Teriyaki chicken stir fry £15.95

with oriental vegetables on a bed of rice.

Bangers & mash (GF) £16.95

Butcher's sausages, creamy mash, garden peas & caramelised red onion gravy.

Mushroom and chestnut wellington (V) £16.95

Mash potato, seasonal vegetables & a rich red wine jus.

Spring green vegetable linguine (Ve) £14.95

Linguine tossed in spinach, pea's, salsa verde, spring onion and chilli (add chicken £3.50, add prawns £4.50).

Sweet potato & chickpea curry (Ve)(GF) £14.50

A delicious mild - medium coconut-based curry served with rice & a poppadom (add chicken £3.50, add prawns £4.50).

Seafood

Beer battered cod £18.95

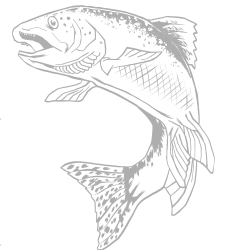
Served with hand cut chips, garden peas & house tartar sauce.

Breaded wholetail scampi £16.95

Served with hand cut chips, garden peas & house tartar sauce.

Seafood linguine £19.95

Linguine tossed in prawns, cod, calamari, spring onion & chilli in a tomato and white wine cream sauce.



Please inform us of any allergies or intolerances.

Allergen information is available upon request. Thank you.

Be sure to check our boards for our tasty seasonal specials!

From the Grill

Gammon steak 10oz (GF) £18.95

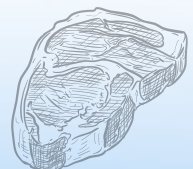
Served with garden peas, hand cut chips, salad garnish & 2 eggs.

Pan fried sirloin steak 10oz (GF) £29.95

Served with grilled flat mushroom, confit tomato, salad garnish & hand cut chips.
Add peppercorn sauce or blue cheese sauce. £2.95

Surf and Turf 10oz (GF) £38.95

10oz Sirloin steak topped with pan fried king prawns in garlic butter, salad garnish & handcut chips.



Burgers

- Deluxe beef burger with house burger sauce **£15.95**
- Southern fried chicken burger with garlic aioli **£15.95**
- Aromatic garden burger with vegan mayo (Ve) **£14.95**
- Marinated cajun chicken burger with ranch sauce **£15.95**



All burgers are served in a toasted brioche bun, with seasoned skinny fries & salad.

Add American cheese, blue cheese, bacon or caramelised red onion **£1**.

Gluten free burger buns available.

Rustic Ciabattas

Toasted ciabattas served with hand-cut chips and side salad garnish.

- Pan fried steak with caramelised red onion & rocket. **£16.95**
- Smoked salmon with cream cheese & baby gem lettuce. **£16.95**
- BLT with smoked bacon, lettuce & tomato. **£13.95**
- Southern fried chicken with garlic aioli & lettuce. **£14.95**
- Cajun chicken with lettuce & ranch sauce **£14.95**
- Jumbo fish finger with tartar sauce & baby gem lettuce. **£15.95**
- Tuna mayo with cheese. **£14.95**
- Tomato & cheddar with salsa verde. (V) **£11.95**



Jacket Potatoes

- Cheddar cheese & baked beans (V)(GF) **£12.95**
- Tuna mayo (GF) **£14.95**
- Bacon & chive cream cheese (GF) **£14.95**
- Sweet potato & chickpea curry (Ve)(GF) **£13.95**

All Jacket potatoes are served with Salad.

Salad Bowls

- Caesar - romaine lettuce, grated parmesan, caesar dressing & croutons. **£10.95 (V)(GF)** + chicken for **£3.50** + bacon for **£2**
- Southern fried chicken - romaine lettuce, grated parmesan, honey mustard dressing & croutons. **£14.95**
- Smoked salmon - mixed leaf, red onion, apple slices, raddish, croutons, sweet chilli & lime dressing. (GF) **£15.95**
- Sweet potato & falafel - mixed leaf, red onion, tomato, cucumber and salsa verde. (Ve)(GF) **£13.95**

Sides

- Skinny fries (Ve)(GF) **£5.95**
- Hand-cut chips (Ve)(GF) **£6.50**
add cheese **£2**.
- Garlic bread (V) **£4.25**
- Cheesy garlic bread (V) **£5.95**
- Mozzarella sticks (V) **£8.95**
with sweet chilli sauce.
- Beer battered onion rings (V) **£5.95**
- Side salad with ranch dressing. (V)(GF) **£3.95**

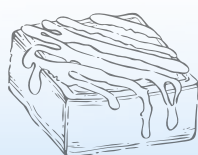


Kids Choices

- Jumbo fish finger **£8.95**
 - Battered cod **£9.95**
 - Pork sausages (GF) **£7.95**
 - Breaded scampi **£8.95**
 - Crispy chicken goujons **£7.95**
 - Vegetarian sausages (Ve)(GF) **£7.95**
- All of the above served with hand-cut chips and your choice of garden peas or baked beans.

Sweet Treats

- Sticky toffee pudding (V) **£7.95**
 - Cheese cake of the day **£7.95**
 - Belgian chocolate brownie (V)(GF) **£7.95**
 - Banana & chocolate slice (Ve) **£7.95**
 - Sorbet selection (Ve)(GF)
 - Ice cream selection (V)(GF)
- Ask your server for today's delight.



All desserts served with a choice of pouring cream, ice cream or custard.

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V = Vegetarian
Ve = Vegan
GF = Gluten free